

Canadian Legal Resource Centre Inc.
CALL NOW! Mon-Sat Daytime & Evening Appointments
 403.229.2774 **FREE CONSULTATION**
UNCONTESTED DIVORCES
 Legal Separation Agreements
 Spousal Land Transfers
www.canadianlegal.org
CRIMINAL RECORD?
 Canadian Pardons
 US Travel Waivers
 Fingerprinting
 21+ years experience
 Voted #1 Paralegal
 Why pay more?

The world's largest global newspaper

metro

CALGARY • THURSDAY, MAY 28, 2009

metronews.ca

Comment pg 5



**Bowling
for your
social
health**

Anthrax scare at legislature just whitener

FALSE ALARM Hazmat crews were called into the legislature yesterday morning after a Health Ministry staffer opened up a letter that contained a suspicious-looking white powder.

Once the powder was tested sometime around 10:30 a.m., fire officials confirmed that the substance was coffee whitener.

Students visiting the legislature on field trips were told to stay out while hazmat crews were busy carrying items outside the west wing.

John Tuckwell, a spokesman with Alberta Health and Wellness, said Health Minister Ron Liepert was on his way back from Medicine Hat when the letter was opened.

"That is so unfair," said Alberta Liberal MLA Laurie Blakeman. "If you actually want to target the minister, don't make their staff miserable."

METRO CANADA



City Hall

New beat

The Calgary Police Service deployed 62 new downtown beat cops at a special ceremony at city hall, with police Chief Rick Hanson, Mayor Dave Bronconnier and Premier Ed Stelmach in attendance. The new cops began patrols yesterday.

Premium for properties

Proximity to ring road, LRT a boon for homeowners: Study

AMY GREGSON
for Metro Calgary



Homeowners close to the ring road or proposed new LRT stations have a reason to smile as a new real-estate study says their property values will increase substantially over those in other Calgary neighbourhoods.

The study, done by the Real Estate Investment Network (REIN), says homes in areas like Falconridge, Martindale, Saddle Ridge, Hawkwood, Tuscany and Scenic Acres will get a 10 to 20 per cent premium in property value over oth-

"In every single instance, prices went up ... mostly because it's about convenience and accessibility." Don Campbell, REIN president

er neighbourhoods, if they are within an 800-metre radius of these projects.

REIN used transportation infrastructure projects in cities like Toronto, Vancouver, Halifax and Edmonton as the basis of their report.

"In every single instance, prices went up 10 to 20 per cent higher than the rest of the market, mostly because it's about convenience and accessibility," said REIN president Don

Campbell.

The research found that the areas in Calgary that will see the most effects are located in the north-east and northwest because of accessibility to the downtown core.

"Distance is now measured in time, not kilometres," said Campbell. "If you can shorten time, you're actually physically moving that neighbourhood closer to the work area."

Campbell said that as gas prices increase, people are going to be making more green decisions in terms of transportation. "We are going to see the demand of that 800 metres increase more than we've seen in history."

Robert Lebosquain, a real-estate agent with CIR Realty, has seen an increase in demand for homes within a one-kilometre walking distance of an LRT station.

"It appeals to a wider range of people. You don't need a car to travel," he said. "Not using a car is important and some people are willing to pay extra so they don't commute."

'Bittersweet' award for journalism student

KRISTA SYLVESTER
krista.sylvester@metronews.ca

HONOUR The first recipient of an award honouring a slain journalist says the scholarship is an inspiration.

SAIT journalism student Ashley Kascak, 22, was the first to receive one of six \$1,000 scholarships in the name of Amber Bowerman, who was killed one year ago in the Dalhousie multiple murder.

"It's very bittersweet, kind of overwhelming and emotional. But I have never felt more honoured than when I received this award," Kascak said.

Recipients of the award



Amber Bowerman

are to embody passion and dedication for their craft, and the young journalism student, who is going into her second year,

hopes she can one day aspire to what Bowerman stood for: Humanity through her writing.

"I feel spiritually connected to Amber. I never met her but I was fortunate to meet her family and get a feel for what an amazing person she was," Kascak said.

"I think it's good how they turned such a tragedy into a positive, because Amber would have wanted to help young journalists," she added.

ShareYourViews

calgaryletters@metronews.ca

Sunny Side

Follow Metro's SunnySide initiative as we help you find the good news around Calgary and Canada. This is also a Call to Action for you to send us your suggestions at calgaryletters@metronews.ca, metronews.ca or on Twitter @metrocalgary.

On metronews.ca
 • Share your SunnySide thoughts on Twitter using #sunnyside
 • See what other Metro readers are doing and saying about SunnySide
 • Enter for a chance to win a Sony Blu-ray player

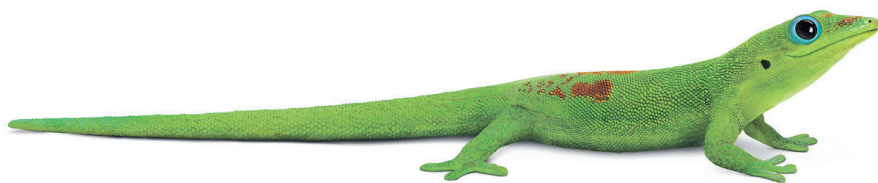


THE REVOLUTION IS COMING. JUNE 2.

ROGERS.COM/REVOLUTION



Awaken your senses. Lessen your expenses.



With all digital TELUS TV® you will:

- Enjoy superb picture and sound quality
- Start with 76 channels, including 45 commercial-free music channels
- Get access to HD Video On Demand

Plus, sign up now and receive a FREE HD PVR rental*.

Add TELUS TV to
a home bundle for

\$20/mo.†

 **TELUS**
the future is friendly®

Call 310-1144 or visit telus.com/gettv or your nearest TELUS authorized dealer.

TELUS AUTHORIZED DEALERS

Northwest

Market Mall
North Hill Mall
Northland Mall

Northeast

Sunridge Mall
Deerfoot Mall
Marlborough Mall
511 - 500 Country Hills Blvd. NE
Calgary Airport

Southwest

Chinook Centre
Southcentre Mall
TD Square
Bankers Hall
Westbrook Mall
237 - 255 5th Ave. SW
203 - 321 6th Ave. SW
245 - 225 7th Ave. SW

Southeast

856 - 33 Heritage Meadows Way SE

*Free PVR rental available with a 2 or 3 year service agreement. †Offer available with a 1, 2 or 3 year service agreement until August 4, 2009 to residential clients who have not subscribed within the past 90 days to TELUS TV service and who have TELUS High Speed Internet service or a TELUS Local Line. \$20 includes the Essentials which includes 76 pre-selected channels. Further customization is available for an additional cost. TELUS reserves the right to change the channel lineup. © 2009 TELUS.

Bill 44 creeps closer to passing

The Alberta government is one step closer to the passage of controversial Bill 44 into law after passing second reading around 3:30 a.m. yesterday. Passage of third reading, expected today, has stirred up controversy because it allows parents to remove children from classes discussing topics like religion or sexuality. **METRO CALGARY**

3

Local



Stampede musical acts named

The Calgary Stampede announced the Coca-Cola stage musical acts they call part of "the best lineup" they've ever had yesterday. Simple Plan, left, Saving Abel, Divine Brown, Eva Avila, The Trews, Thornley, Terri Clark, Kreesha Turner and more special guests will take to the stage. For the full music lineup visit calgarystampede.com.

METRO CALGARY



Students gather to watch launch

SPACE There was 102 Grade 6 students packed in the Telus World of Science discovery dome theatre yesterday to watch Canadian astronaut and University of Calgary alumni Robert Thirsk launch into space. Thirsk is the first Canadian to fly in a Russian Soyuz spacecraft and will spend the next six months orbiting Earth for the International Space Station.

News in brief

ABDUCTION Calgary police are looking for a man who allegedly abducted his own child from a northeast home in April while the child was in the father's care. The child is believed to be out of the country with the man's grandparents. Police have issued a nationwide warrant for Mohamad Najie El-Ajami, 26, of Calgary.

CRASH DEATH The Calgary Police are investigating a fatal car crash that occurred along Deerfoot Trail early yesterday. One person was killed when the car smashed into a light pole by the exit to Highway 22X. The crash happened around 3 a.m. and the southbound ramp remained closed until police finished their investigation and the scene was cleaned up. **METRO CALGARY**

Guide dogs get transit training

JOEL MESSNER
for Metro Calgary

Canine companions were the customers of choice yesterday on one Calgary Transit bus.

Calgary transit provided one of its buses to help train future guide dogs, in co-operation with the Alberta Guide Dog Services. "This experience is very valuable for us," said Gill Briscoe a volunteer guide dog trainer with her black, lab Indy.

"When we get to do this it really helps us because when I'm getting on the bus normally it is more of a rushed procedure, this way we get to slowly do it and then the dogs understand a little more."

Twelve dogs ranging from three to 18 months old got the chance to learn daily movements and sounds of Calgary transit. "Some of (the dogs) have never been on a bus; the sounds, the smells and the



Tara Sanderson and eight-month-old yellow lab, Spirit, trained with Alberta Guide Dog Services to get used to the sights and sounds of a Calgary Transit bus.

ramp going up and down can be a little stressful. So we're getting this opportunity to let them learn how to get on, get off, how to slide under the seat and just be comfortable with the whole process," said Susan Deike, the commu-

nications manager for Alberta Guide Dog Services. According to Calgary Transit it's very important to allow these dogs to become familiar with transit vehicles for customers who are visually impaired. Service dogs ride Calgary

transit free of charge, while owners of other dogs will pay the regular fare of \$2.50

Future guide dogs take their first bus ride at metronews.ca/local

New cops hit the streets in wake of shooting

KRISTA SYLVESTER
krista.sylvester@metronews.ca

CRIME As the Calgary Police Service rolled out 62 new downtown beat cops yesterday, Chief Rick Hanson defended the second police officer-involved shooting in less than a week.

On Tuesday night, police were called to a downtown

building in the 1100 block of 8th Avenue SW for reports of a person being held at knifepoint.

When police arrived, the suspect allegedly went after police with the knife when he was shot once by a police officer, Hanson said.

"We don't like to see these things happen, not at all. We don't, but unfortunately they do happen," Hanson said, adding the Alberta Serious Incident Response team is investigating.

"These are regrettable, but the officers are in a confined area and forced to react, and they did, again."

Premier Ed Stelmach was also on hand at yesterday's unveiling of the new

officers, and weighed in on the discussion on the police shootings.

"It just shows that police are there for ... the protection of the public and have to make split second decisions," Stelmach said. "These are difficult decisions but they are always reviewed very carefully to make sure they are balanced."

Weekend festival set to bloom

LILAC Festival junkies have nothing to worry about for this year's Lilac Festival.

Despite reports of financial difficulties, the Lilac Festival is celebrates its 20th anniversary as planned: parade, local musicians, local restaurants and lots of fun vendors.

"We are pretty much the same as usual. Promoting local artists, local vendors and 4th Street Business," said Jennifer Rempel, a Lilac Festival representative.

With eight stages to be set up along 4th Street there are a number of different music scenes to check out. Spice up your day with a Latin vibe at the Fiesta Stage on 23rd Avenue. Then, head to 20th Avenue for some local talent including Amy Bishop and Erin Ross.

METRO CALGARY

metronews.ca

What's online today.

Video Chief talks shooting and downtown beat cops at metronews.ca/local

Video Poll finds coffee drinkers choosing Tim's over Starbucks at metronews.ca/canada

Lotteries

Lotto 6/49: 3, 4, 24, 26, 29 & 49. Bonus 13. These results are not official.

GET A GREAT NEW CAREER IN LESS THAN A YEAR!

DIPLOMA PROGRAMS

HEALTH CARE Massage Therapy ✂ | Medical Office Administrator ✂ | Retail Pharmacy Technician ✂ | Medical Administrative Assistant ✂

BUSINESS & LEGAL Paralegal ✂ | Business Administration E-Commerce Management ✂ | Accounting and Payroll Administrator ✂ | Professional Legal Assistant ✂ | Oil & Gas Administrative Assistant ✂ | Computer Graphic Design ✂ | Business Administration Management ✂

➤ **Financial Aid Available to Qualified Applicants**
➤ **Career Services Assistance**
➤ **High Graduate Employment Rates**
➤ **9 Campuses in AB**
➤ **Classes Filling Fast – Call Now to Reserve a Seat**

* Not All Programs Available At All Campuses.

✂ Pertains To A Reeves College Program
✂ Pertains To A CDI College Program

REEVES COLLEGE
Guiding Your Success

1-800-710-1448
WWW.REEVESCOLLEGE.CA

CDI COLLEGE
BUSINESS • TECHNOLOGY • HEALTH CARE

1-888-245-6827
WWW.CDICOLLEGE.CA

Francis Proulx has been found guilty of first-degree murder in the death of Nancy Michaud, a political aide to Quebec's natural resources minister. A nine-woman, three-man jury rendered its unanimous verdict yesterday after two days of deliberation. **CBC NEWS ONLINE**

Canada/World

Fire Flaherty: Grits

Ignatieff takes hawkish approach in wake of deficit

Smelling blood, Liberal Leader Michael Ignatieff and other opposition politicians seized on the Conservatives' \$50-billion deficit bombshell to accuse the Harper government of failing Canadians on the economy.

Ignatieff called on Prime Minister Stephen Harper to fire Finance Minister Jim Flaherty and sounded a new, more hawkish note yesterday about possibly defeating the Conservative minority and forcing an early election.

While Harper ignored the demand to fire his finance minister, Ignatieff expressed growing frustration with the Conservative minority government on key economic issues.

"There isn't a number that comes out of that man's mouth that Canadians can believe."

Liberal Leader Michael Ignatieff, on Finance Minister Jim Flaherty

Those include reforming employment insurance, speeding stimulus spending and the changing deficit projections. "We've got an EI crisis to which they are not responding. Second point, the stimulus is not out the door ... third,

the public finances are in free fall and he (Flaherty) can't tell us where the bottom is," Ignatieff said.

"On these three grounds, it's getting very difficult to work with the government," he told reporters after the Commons question period.

The Liberals used the revelation of the larger than expected deficit number to take aim at Flaherty, accusing the finance minister of misleading Canadians dating back to last fall as the effects of the slow-down started to bite.

"There isn't a number that comes out of that man's mouth that Canadians can believe," Ignatieff said.

TORSTAR NEWS SERVICE

Security czar irked by 9-11 question

BORDER SAFETY U.S. security czar Janet Napolitano bristled yesterday when asked to explain her view of Canada as the source of the 9-11 terrorists and chided Canadian reporters for not dropping the topic of her "earlier misstatement."

Napolitano said the misstep never came up in her talks with Prime Minister Stephen Harper. It has since been amplified by other U.S. legislators, including Senator John McCain. "Let me say once again, we know, and I know, that 9-11 terrorists did not cross the Canadian border. I regret that the Canadian media only seems to hear that, an earlier misstatement by me to that effect," Napolitano said at a conference with Public Safety Minister Peter Van Loan.

TORSTAR NEWS SERVICE

Washington Spelling to win



Speller Katelin Peters, 13, of Regina, Sask., takes part in Round III of the 2009 National Spelling Bee in Washington. Twenty-two of Canada's best spellers are taking part in the international competition.

Jean has a heart, blogs have a cow

INTERNET Gov. Gen. Michaëlle Jean might have outraged animal rights activists when she helped slaughter a seal and eat a bloody piece of its heart while at an Inuit festival earlier this week.

But less passionate ob-

servers favoured silliness over anger when the feeding frenzy put Canadian quirks — like our constitutional monarchy — in the spotlight and the blogosphere chattered cattily about the snack.

It appears the popular

New York City gossip blog Gawker was the first to compare Jean to the gun-toting, glasses-wearing Alaska Governor and former Republican vice-presidential candidate Sarah Palin.

TORSTAR NEWS SERVICE



The mother and the wife of deceased policeman Mohammed Naveed weep next to his body yesterday. Naveed was a victim of a car bomb attack at a police headquarters in the Pakistani city of Lahore.

Car bomb retaliation for strikes on Taliban: Officials

PAKISTAN Gunmen attacked a police headquarters in the Pakistani city of Lahore yesterday, setting off a car bomb that killed at least 24 people in what the government said was revenge for an offensive against the Taliban.

There was no claim of responsibility for the attack, which wounded nearly 300 people and caused extensive damage. It came after warnings of strikes in response to the army's attack in the Swat region.

"I believe that anti-Pakistan elements, who want to destabilize our country and see defeat in Swat, have now turned to our cities," Interior Minister Rehman Malik said.

The bomb, which officials said was a suicide attack, brought down a government ambulance service building and damaged a nearby office of the military's main intelligence agency. Security officials said a senior intelligence officer was killed and the

agency office might have been the target.

A city official said about 100 kilograms of explosives were used in the bomb.

Just before the blast two men got out of a car and fired at police guards at the gate, provincial Law Minister Rana Sanaullah told reporters, adding several suspects were later detained.

Witnesses said about four gunmen started firing.

REUTERS

Clinton takes firm stance on Israel settlement halt

ISRAEL The U.S. wants Israel to stop expanding Jewish settlements without exception, Secretary of State Hillary Clinton said yesterday, promising that Washington would push this point with its ally.

Palestinian and other Arab officials have long argued that Israel's expansion of settlements on land it occupied in the 1967 Middle East war undermine efforts to negotiate a peace agreement.

President Barack Obama, said in a meeting May 18 with Israel's Prime Minister Benjamin Netanyahu

that "settlements have to be stopped in order for us to move forward."

Palestinian President Mahmoud Abbas, who met Clinton for dinner yesterday and sees Obama today, has ruled out restarting long-stalled peace talks until Israel halts all settlement activity.



Clinton

REUTERS

U.S. to stand by Japan, S. Korea

NUCLEAR U.S. Secretary of State Hillary Clinton reaffirmed yesterday U.S. commitments to allies Japan and South Korea in the face of North Korean threats and said she hoped Pyongyang could return to talks on abandoning its nuclear programs.

Clinton also said that North Korea, which conducted its second nuclear test Monday, was behaving in a provocative and belligerent manner toward its neighbours and there were consequences to such behaviour.

REUTERS

News in brief

TAMIL CONFLICT The Sri Lankan government has relaxed restrictions on motor vehicles in the country's largest refugee camp that had hampered aid distribution,

though the needs of people there remain acute, the United Nations said yesterday. The government had banned the use of motor vehicles by UN and other aid agencies at the

Manik Farm camp, which contains some 220,000 displaced Sri Lankans, citing concerns that some rebels might try to escape in or underneath the vehicles.

REUTERS

LOCAL

Publisher, Steve Shourt
Managing Editor, Darren Krause

Distribution Manager, Dave Mak

NATIONAL

Group Publisher, Bill McDonald
Editor-in-Chief, Dianne Rinehart

Assoc Managing Editor, Tarin Elbert
Enter/Lifestyle Editor, Dean Lisk
Asst Managing Editor, Amber Shortt

Art Director, Laila Hakim
National Sales Director, Peter Bartram
Interactive/Mktg Director, Jodi Brown

Comment & Views

EDITOR: MIKE DEREZYCKY, MIKE.DEREZYCKY@METRONEWS.CA

Comment

Bowlers roll right along

Connections we form can produce tangible benefits

Relating

Steve
Collins

metronews.ca/collins

We spend a lot of time in this space parsing the pitfalls of life with your one and only, but what about everyone else? What about your relationships with family and friends, co-workers and neighbours, the vaguely familiar people you pass on the street?

Harvard researcher Robert D. Putnam, in *Bowling Alone: The Collapse and Revival of American Community*, argues the connections we form with others comprise "social capital," and produce tangible benefits.

Putnam's title comes from the disappearance of once-ubiquitous bowling leagues across America, which he sees as an indicator of a more general weakening of Americans' connections with friends, family and neighbours, and declining participation in churches, volunteer groups or political parties.

Signs of the increasing civic disengagement he chronicles south of the border can also be seen in Canada, where only 58.8 per cent of voters bothered showing up to the polls in last fall's election, our worst turnout since Confederation. We'd set the previous record for apathy, a 60.9 per cent turnout, in 2004.

All is not lost here, of course. Get your car stuck in the snow, and passing strangers are still likely to stop and push you out. That, too, is social capital.

On the web

For more views on relating, go to Love Bytes at metronews.ca/blogs

Sure, we're social animals, and relating feels good, but the uses of social capital aren't all warm and fuzzy richness-of-life stuff. As Putnam points out, heaps of research shows you're more likely to get a job on the basis of who you know rather than what you know. The more, and the more varied, connections you have, the easier it is to get ahead.

In terms of social capital, as Putnam measures it, the benefits of joining a club are equivalent to doubling your income. Getting married is the same as quadrupling it.

Your relationships with others could also be keeping you healthy. Putnam stacks up study after study showing the correlation

between personal connection and health: "The bottom line from this multitude of studies: As a rough rule of thumb, if you belong to no groups but decide to join one, you cut your risk of dying in the next year in half. If you smoke and belong to no groups, it's a toss-up statistically whether you should stop smoking or start joining."

So, do you know your neighbours well enough to gossip about them? When your phone rings, are you pretty sure it's another telemarketer? When was the last time you saw a member of your family who doesn't live in the same city, or one who does, for that matter?

Are you a connected and interconnected social capitalist pig, or a lone bowler?

Steve Collins offers his best guesses on relationships for Metro every two weeks.



MICHAEL DE ADOR

Letters

Shame on city officials for accepting free parking

As a taxpayer, I would like to ask those aldermen and city officials who made decisions in favour of parking fees: Are you using city transit or city

hall's underground parking?

As more people suffer pay cuts or are laid off, you let us pay more on transportation while you are enjoying free parking

Shame on you.

DAN EWBIE, CALGARY

Views

The new attitude shift toward thriftiness

LifeCycle

Denise
Rudnicki

Apparently I live on the cutting edge of a new trend. I don't have cable TV, air conditioning or even a dishwasher and that, says the Pew Research Center, means I am part of a "pervasive new creed of thrift" that is sweeping North America.

Pew surveyed American adults to determine what people consider a necessity and what they view as a luxury. The study was done after the markets crashed and people started losing their

houses and jobs, so it isn't so surprising there's an attitude shift. When you watch your retirement savings evaporate and cannot make your mortgage payment, that spiffy new home entertainment system does start to look like a luxury you can live without.

Choosing between necessity and luxury is easy when you decide to live on a boat. Our move to a boat in Victoria's inner harbour was a lifestyle choice, motivated by upheaval on the job front and a longing for a simpler life. In three weeks, I divested myself of 30 years of possessions and became a convert to extreme thrift. And now it seems I am a bellwether for the entire continent.

The Pew study also found that people are changing

their spending habits. More people are shopping in discount stores, cutting back on alcohol and cigarettes, reducing spending on TV and cellphones, or cancelling them altogether, doing their own home repairs, and planting vegetable gardens. I read the report, mentally checking off each one of these new habits.

We do not have cable, although we do have high-speed Internet. We have a small flat-screen TV we use for watching rented movies. There isn't room for major appliances. We rented a plot in a public garden to grow vegetables and have boxes on the dock for the herbs we like. We have library cards and use them. We do not buy anything that we do not absolutely need, which

means we have not bought anything in the last six months. The prime minister would say we are not doing our bit for the economy with our non-spending ways, but this is how we want to live.

Even simple lives with free entertainment provided by harbour seals and beach walks are not worry-free. We worry about money, health, bad storms, engine trouble and weird boat noises, but we do not argue about whether we should buy a 42- or 62-inch TV or stay up nights worrying about our mortgage.

Watch us. We are the trend-setters.

Denise Rudnicki is a West Coast-based writer, communications executive, and journalism instructor at Royal Roads University. drudnicki@gmail.com

Worth mentioning

Economic crisis fuels rights 'time bomb,' group says

The global economic downturn has aggravated human rights violations and distracted attention from abuses, Amnesty International said today.

The world faces a grave danger that "rising poverty and desperate economic and social conditions could lead to political instability and mass violence," the rights group's secretary-general, Irene Khan, wrote in its annual report.

As governments struggled to resuscitate their economies, human rights were being "relegated to the back seat," she said, calling for a "new global deal

on human rights ... to defuse the human rights time bomb."

This new deal was about governments living up to their obligations on human rights, rather than creating new treaties, she said.

"We are sitting on a powder keg of inequality, injustice and insecurity, and it is about to explode," she wrote in the report.

The worst downturn in decades has plunged large parts of the world into recession, slashing industrial output and trade and throwing many people out of work.

REUTERS

Tell us your views by email to calgaryletters@metronews.ca or comment on metronews.ca or on Twitter @metrocalgary

Letters must include sender's full name, address and phone number - street name and phone numbers will NOT be published. We reserve the right to edit letters.

FIND TRUSTED BUSINESSES RECOMMENDED BY METRO READERS

Join our Metro Readers Community at metronews.ca/gigpark where you can find trusted businesses that other Metro readers recommend such as mechanics, wedding planners, photographers, plumbers, flower shops, and so much more...

The most recommended businesses will be published in Metro.

JOIN GIGPARK & YOU COULD

WIN

A 10" EEE PC!

VISIT TODAY!
metronews.ca/gigpark

gigpark™

metro

No purchase necessary. Contest open to Canadian residents of legal age, excluding residents of Quebec. Contest closes July 31, 2009 at 11:59pm. For full contest rules and details, visit www.metronews.ca

6

Obama, Saudi king to discuss oil prices

U.S. President Barack Obama and Saudi King Abdullah will likely discuss global oil prices when they meet next week in Riyadh, the White House said yesterday. **REUTERS**

Business

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

GM tries to stay alive in Canada

General Motors is desperately trying to keep its Canadian operations running as its parent heads towards bankruptcy court protection in the United States and possibly Canada during the next week, a top union leader says.

GM is even paying edgy suppliers in advance for parts to assure that production of popular models can continue at assembly plants during any court proceedings when payments might be in doubt, Ken Lewenza, president of the Canadian Auto Workers, said yesterday.

"They have indicated to us they are doing everything possible and in their power to avoid a Canadian shutdown," Lewenza said in an interview.

Chrysler LLC immediately shut down its operations in the U.S. and Canada earlier this month when it gained temporary court protection from creditors south of the border.

A temporary GM shutdown would cause thousands more layoffs here.

Lewenza explained GM wants to maintain output particularly at operations that build popular models, including the new Chevrolet Camaro sports car and Impala mid-size car in Oshawa, Ont., and the Chevrolet Equinox sport utility vehicle at the CAMI plant in Ingersoll, Ont.

GM Corp. officials have said bankruptcy proceedings in the U.S. are probable within the next week.

TORSTAR NEWS SERVICE

Saudi statement boosts oil prices

MARKETS Oil prices hit a six-month high near \$64 US a barrel yesterday after Saudi Arabia, OPEC's biggest member, said the global economy had strengthened enough to cope with oil at \$75 to \$80 a barrel.

U.S. crude oil for July delivery rose \$1 to settle at \$63.45 a barrel, after earlier touching \$63.82, the highest level since mid-November. London Brent crude gained \$1.26 to settle at \$62.50 a barrel.

REUTERS

In brief

DOLLAR The Canadian dollar rallied to its highest level since early October around midday yesterday, hitting 90.11 U.S. cents, but late in the session it turned lower and relinquished a chunk of the sharp gains recorded in recent months, ending at 89.33 US cents. **REUTERS**

summer camps CANADA OLYMPIC PARK



camp torch

Ages 4 - 18

Discover adventure at Canada Olympic Park! Camp Torch programs provide safe and exciting activities for a wide range of age groups. Kids will experience a variety of Olympic sports, the Ropes Challenge Course, interactive games and crafts all summer long. Half-day camps, a healthy lunch program and after-camp care options are available.

STARTING FROM

\$149

mountain bike programs

Ages 4 - 18

For the aspiring mountain bike rider - sign up for one of our summer programs and develop a range of riding skills in a safe and fun learning environment. Programs are available for a variety of skill levels and age groups.

STARTING FROM

\$ 99

CANADA
OLYMPIC
PARK

WINSPORT
CANADA

403.247.5452

www.winsportcanada.ca

EXPERIENCE TRUE SCHOOL SPIRIT

EDGE STRAVAGANZA 2009 FEATURING PAT QUINN



Friday, June 5th

- Gala Dinner featuring a keynote address from legendary hockey coach Pat Quinn
- Pep rally
- visit edgeschool.com to purchase your tickets today!

Saturday, June 6th

- Grand opening of the new Edge campus
- Pancake breakfast
- Three exciting hockey games featuring Edge Alumni and celebrity players
- Spolumbo's lunch
- Interactive gymnasium festival
- All events are free to the public, so come down and experience Edge School first hand!



PLAINS
MIDSTREAM
CANADA



Crescent Point
ENERGY TRUST



WATTS MECHANICAL



Alberta Tubular
Products Ltd.

Michael Leachy

ScotiaMcLeod

Western Financial Group

WHITECAP RESOURCES INC.

IHG

PROVIDENT

CONROY & ROSS PARTNERS

stuart olson

innovative building solutions

zero gravity

FirstEnergy CAPITAL

MERCATO

McLEAN & PARTNERS

spring

TOP MARKS

metr

Roy says no to Colorado

Patrick Roy has turned down an offer to coach the Colorado Avalanche, opting to stay with the Quebec Remparts of the QMJHL as bench boss and GM. **METRO NEWS SERVICES**

7

Sports

EDITOR: CHRIS CLEMENTS, CHRIS.CLEMENTS@METRONEWS.CA

Wings dump Hawks

Detroit, Pittsburgh to meet again in Cup final

Stanley Cup
2009 Playoffs
(Detroit wins series 4-1)
Chicago 1 Detroit 2 (OT)



Here we go again.

The Red Wings are back in the Stanley Cup final to defend their title after Darren Helm scored the game-winning goal 3:58 into overtime, as Detroit vanquished Chicago 2-1 in Game 5 of the Western Conference finals at Joe Louis Arena.

In the extra session, Red Wings defenceman Brett Lebda fired a shot from the point that caromed off the active boards to the left of Chicago goaltender Cristobal Huet. Tomas Holmstrom knocked it out of Huet's pads across the crease and Helm banged the puck into the wide-open net.



The Detroit Red Wings celebrate their overtime series win over the Chicago Blackhawks in the Western Conference final last night.

Coupled with Pittsburgh's win over Carolina in Game 4 of the Eastern final on Tuesday, the Red Wings and Penguins will meet for a second consecutive season for hockey's silver prize. Game 1 of the Stanley Cup finals is slated for Saturday in the Motor City. Detroit took the 2008

matchup in six games to claim its fourth Cup in 11 seasons.

Dan Cleary also scored for the Wings, who will try to become the first club to repeat as champions since they did it themselves in 1997 and '98. Chris Osgood made 30 saves for the win.

METRO NEWS SERVICES

Lakers take series lead with Game 5 win

(Lakers lead series 3-2)
Denver 94 L.A. Lakers 103



Kobe Bryant scored 22 points and dished out eight assists, and the Los Angeles Lakers used a major second-half run to move a victory away from a return trip to the NBA fi-

nals with a 103-94 triumph over the Denver Nuggets.

Lamar Odom had a spectacular game with 19 points, 14 rebounds and four blocks in a reserve role for the Lakers, who grabbed a 3-2 lead in the best-of-seven Western Conference finals.

Game 6 will be in Denver tomorrow, when the Lakers can punch their ticket to the title series.

Last year, they were beaten in six games by the Boston Celtics.

Pau Gasol chipped in 14 points, 10 rebounds and five blocks in the win.

Statistically speaking, the Lakers have the upper hand.

When a series is tied at 2-2 in NBA history, the winner of Game 5 has gone on to take the set 83 per cent of the time.

METRO NEWS SERVICES

Sports in brief

DINO SUSPENDED Duncan McLean, a backup linebacker with the University of Calgary Dinos, has been banned from competitive university sports for two years because of steroid use. McLean tested positive for oxymetholone metabolites, a substance listed on the 2009 World Anti-Doping Agency's prohibited list.

SENTENCED The former doctor for Chris Benoit, the Calgary-trained pro wrestler who killed himself, his wife and their seven-year-old son, has been sentenced by a U.S. District Court to 10 years in prison for illegally prescribing painkillers and

other drugs to patients. Dr. Phil Astin, 54, pleaded guilty in January.

COYOTES A U.S. bankruptcy judge has accelerated the schedule for determining whether Jim Balsillie can buy the Phoenix Coyotes and move the franchise to southern Ontario over the objection of the NHL.

STERIODS Authorities say they've arrested a central Florida man who claims he sold anabolic steroids to pro athletes, including players with the Washington Nationals and Washington Capitals.

METRO NEWS SERVICES

ACCESS LEGAL RESEARCH INC.

- CRIMINAL PARDON / U.S. WAIVER
- 24 HR CRIMINAL RECORD CHECK
- FINGERPRINTING
- LOW COST NO FAULT DIVORCE
- SMALL CLAIMS COURT TO 25K

CALL
403-228-2469

Home Phone Lines

ALL FEATURES FREE!

comwave
Enhanced
\$14.95 /month
All Features FREE INCLUDING

Caller ID, Call Forwarding,
Voice Mail, Call Waiting
... and much more

comwave
Unlimited Canada
\$19.95 /month
UNLIMITED Calling to Canada PLUS

• All Features FREE Including:
Caller ID, Call Forwarding,
Voice Mail, Call Waiting
... and much more

comwave
One-Rate
\$29.95 /month
UNLIMITED Calling to Canada and U.S.A. PLUS

• All Features FREE Including:
Caller ID, Call Forwarding,
Voice Mail, Call Waiting
... and much more



LIMITED TIME OFFER

6 MONTHS FREE!

- SATISFACTION GUARANTEED!
- KEEP YOUR EXISTING PHONE NUMBER!

LONG DISTANCE

LOWEST RATES TO EVERY
COUNTRY IN THE WORLD...
GUARANTEED!

CALL TODAY AND LET US BEAT THE RATE
YOU'RE CURRENTLY PAYING!!



comwave®

comwave.ca

Comwave will not rate match against charity or internet services, bundled minute plans or prepaid calling cards due to their inaccurate billing criteria. Home Phone Lines: * VoIP 911 has certain limitations versus traditional 911. The rates are based on a 3 year term. 6 Months Free - You get 3 months free immediately upon activation of the service. Get an additional 3 months free if you transfer your existing Home Phone Line to Comwave within the first 3 months. Satisfaction Guaranteed. If you are not 100% satisfied, you may cancel your home phone service no questions asked. The option to keep your existing phone number may not be available in all areas.



Bio Spectra's Attitude goes even more green

Taking a firm stand against global warming, Attitude is consolidating its position as an ecological pioneer in the cleaning products industry. They are also introducing new products with an all-new look! See Cleanattitude.com for more. **METRO NEWS SERVICES**

Apartment Finder

To advertise contact Warren Smith at 403-539-4948

realstar management

RENT NOW AND CHOOSE YOUR \$300 INCENTIVE!

CALGARY PLACE APTS.

609 8TH STREET

1 & 2 bdrm suites, Gym, games room, 1 block to LRT, Utilities included, Close to all amenities & On site management

1-877-570-7025
www.calgaryplace.com

ROYAL VIEW APTS.

1320 16TH AVE. SW

Live in the Trendy Beltline, 1 & 2 bdrm suites, Gym, sundeck, 1 block to 17th Ave., Utilities included & On site management

1-877-572-1835
www.royalviewapts.com

GLENMORE HEIGHTS

620 67TH AVE. SW

1 & 2 bdrm suites, Gym, social room w/ full kitchen & library area, 1 blk to Chinook Center, Utilities included & On site management

1-877-617-9803
glenmoreheights.com

GLENMORE GARDENS

2105 90TH AVE SW

1 & 2 bdrm suites & T/H social room w/ full kitchen & sitting area, Indoor pool & sauna, Close to all amenities & On site management

1-877-584-2285
glenmoregardens.com

Effective and cost effective.

To advertise in Metro's Apartment Finder, call Warren today! 403-539-4948



Service Directory

To advertise contact Blaine Schlechter at 403-444-0136

PSYCHIC



47 YEARS EXPERIENCE
100% Guaranteed Results

• Palm • Tarot • Crystal Ball • Energy Readings •

PH: (403) 228-2258

By Appointment Only

Solve all Problems of Life

Come in today for a better tomorrow

STAPHA —AFRICAN PSYCHIC

Reuniting Loved Ones • Stopping Divorce
Removing Bad Spirits • Success in Business
Healing Protection

RESULTS GUARANTEED

403-802-0367

THE GREAT OF THE GREAT MEDIUM & SPIRITUAL HEALERS HERITED TO GENERATION RENOWNED INTERNATIONAL



Are you searching for solutions to your problems?
It's never too late to find answers.
Madia has 26 years experience as a spiritual healer
reuniting loved ones, maintaining harmony in couples,
preventing separation, improving business success,
protecting against negativity and evil spells.
100% results Guaranteed in 48 hours.

100% RESULTS GUARANTEED IN 48 HOURS

CALL MADIA 403-370-1526 OR 403-475-2589

FINANCIAL

\$500\$ loan service

by phone, no credit
refused, quick and easy,
payable over
3, 6, or 12 installments.

Call toll free:
1-877-776-1660

TAKE A VIDEO BREAK

Visit metronews.ca to watch
metrotube of the day

The video everyone's
talking about.

LEGAL

QUICK, EASY, INEXPENSIVE

DIVORCE

LOWEST PRICES
IN CALGARY From **\$399**
10 years as family mediators and out-of-court divorce specialists

Call now 403-477-8895
divorceeasy499@yahoo.ca

Metro Homes

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

A few good mats

HomeScape

Sylvia Putz

metronews.ca/homescape

Do you wince when you see grimy kitchen mats? And if you decide to get a newer model for your home (or a friend's home), do you wince again when you survey the uninspiring assortment of mats at the local houseware store?

I don't know about you, but the images of ducks done up with blue ribbon are just a little cutesy for me.

What to do? Many of the kitchen mats currently available lack a certain style quotient, to put it mildly, but they may save your back and prevent your legs from aching as you do your kitchen chores, especially on hard tile floors.

Moreover, these mats will soak up water drips

and hold scraps of peelings or crumbs that fall to the floor. This way you can shake out the mat rather than walking through the wet mess and spreading it all over the kitchen.

They're a fantastic idea, but do they have to be so ugly?

Well, after looking around a little more thoroughly, I found many more ugly ones, but — surprise — a few very attractive ones.

One product I noticed was a natural-looking woven vinyl mat, complete with elegant woven edges. There are a few different manufacturers, but one of the most price worthy rugs I saw are from a Toronto-based company called The Tate Group, formerly MacFABhome. They can be bought at selected retail locations across Canada

— info@macfabhome.com or info@thetategroup.com to inquire about retail locations.

These rugs range in price from \$24 to \$300 depending on the size of the



After looking around a little, our columnist was able to find many ugly kitchen mats, but — surprise — a few very attractive ones came out of the woodwork too.

mat, and are backed by cushy rubber backings. There are six standard rectangular sizes, which run from the smallest (doormat) at 20" x 28", to the largest (large area rug), at 54" x 96". Also included in the selection is a hall runner, which measures 28" x 84".

The natural woven look of these mats come in several different textures, including a coarser weave, a tighter weave, and several different patterned weaves. And they come in a variety of muted colours, including reed, terracotta, black walnut, twig, sand, midnight and praline. Check TheTateGroup.com to take a look at the colours, or better yet visit a retail location to check the look and feel more closely.

I noticed other similar synthetic products, such as the Chilewich mats from a New York-based company. They're equally lovely with more of a selection in terms of colour and pattern, and the mats can be customized to fit a specific space. However, be prepared for a higher

price tag; they range from \$360 for a 3' x 5' mat, and up to \$600 for a 5' x 10' mat. Bindings around the outside are extra.

They're carried at retailers like Elte in Toronto. Check chilewich.com for more information about other retailers across Canada.

Of course, natural mats of grass and straw can be lovely as well, and they might do just about anywhere else. But not in a kitchen. Cleaning is a necessity here, and natural grass or straw just doesn't stand up to the abuse. Vinyl rugs are water and stain resistant, and can be used both indoors and outdoors since they are resilient to mould and mildew. They can be wet mopped and vacuumed, and tough stains can be treated with mild detergent and a little elbow grease.

Just don't put them on a heated floor, or you may have a goopy mess on your hands.

Sylvia Putz is a journalist with an interest in decor and design. She's written for the TV show *Arresting Design*; sputz@arrestingdesign.com.

Good Fences make Great Neighbors



The Fence Store

2919 - 49th Ave SE, 240-4269

thefencestore.ca

Visit our indoor & outdoor showroom



List your home for
RENT and for SALE

at the same time for MAXIMUM results!

Christopher Kellett | 403.990.9297 | www.serlox.com
Licensed MLS Realtor for Power Properties with 10 years Property Management Experience



1 DAY ONLY!

THURSDAY, MAY 28TH

\$19.99

ALL women's
handbags

Reg. up to \$70

Includes regular and clearance priced items.
Excludes wallets & Kipling handbags.
Cannot be combined with any other offer.

\$24.99

ALL women's
shoes

Reg. up to \$70

Includes regular and clearance priced items.
Excludes Expression hanging footwear.
Selection will vary by store.

Shop early. Don't be disappointed. No rainchecks & no price adjustments.
Offer available while quantities last.
Selection will vary by store. Savings are off our regular prices, unless otherwise specified.
See in-store for details.

the  ay



Polar Ice Vodka is launching their second Special Edition Canadian AIDS Society bottle — with each bottle sold, \$1 is donated to the charity. In June, they're on the hunt for next year's bottle artist. Visit cdnaids.ca/polarice/index.html for details on submitting your design. **METRO NEWS SERVICES**

Your design on a bottle of vodka

Food

Choose rhubarb stalks that are firm and crisp. If plucking from your backyard, twist off stalks rather than cutting. Pick slender stalks — one should yield about 1/2 cup (125 ml) chopped.

BARB HOLLAND/FOR METRO CANADA



Careful

Avoid eating the leaves as they contain a potential toxin called oxalic acid.

EDITOR: NINA DRAGICEVIC, NINA.DRAGICEVIC@METRONEWS.CA

You'll go crazy over this crumble

Easy as pie? Actually it's easier, just as sweet and saves some extra calories and fat

À la carte

Barb Holland

metronews.ca/alacarte



It's spring, and the appearance of local farmers' markets signals the beginning of the best time to eat seasonally.

When you shop at farmers' markets, you get the healthy benefit of eating foods at their nutritional peak and at their tastiest; as well as reducing your carbon footprint and supporting local growers. Check with your provin-

cial association and harvestcanada.com to find your closest market.

Recognized by its large, green elephant ear-like leaves and long stalks, rhubarb is one of the earliest crops to push its way out of the ground.

Rhubarb Strawberry Crumble

A crumble is simply fruit topped with a mixture of sugar, flour, butter and often nuts, which bakes into a crisp topping that offers much of the satisfaction of a pie with a lot less work, fewer calories and less fat. You can substitute many kinds of fruit for the rhubarb strawberry mix, or use all rhubarb. Makes



In this recipe you can substitute many kinds of fruit.

four to six servings.

INGREDIENTS:

Topping:

- 1/3 cup (75 ml) sliced almonds
- 1/3 cup (75 ml) all-purpose flour
- 1/3 cup (75 ml) lightly packed brown sugar
- Pinch salt

- 3 tbsp (45 ml) cold butter, cut into 1/4 inch (5 mm) pieces

Fruit Mixture:

- 4 cups (1 l) sliced rhubarb (1-1/2 lbs/750 g), about 1/2 inch (1 cm) slices
- 1 cup (250 ml) halved (or quartered if large) strawberries
- 2 tbsp (30 ml) each: all-

purpose flour, brown sugar and granulated sugar

- 1 tbsp (15 ml) fresh lemon juice

METHOD:

Preheat oven to 350 F (180 C). While oven is heating, spread almonds in a rimmed baking sheet. Bake until just golden and fragrant, 6 to 8 minutes. Do not allow them to brown.

In small food processor, place almonds, flour, brown sugar and salt, process until a fine meal. Transfer to a bowl. With fingers work in the butter until mixture is very crumbly. Refrigerate 15 minutes or up to 2 days (covered and refrigerated until

needed).

Butter a 6 cup (1.5 l) baking dish. In a large bowl, combine rhubarb and strawberries. Combine flour, brown sugar and granulated sugar; sprinkle over fruit and toss well. Sprinkle with lemon juice and toss again. Spread fruit evenly in baking dish and spread topping over all.

Bake until fruit is bubbling and top is browned, 40 to 50 minutes. If top is browning too quickly, cover loosely with foil. Serve warm or at room temperature.

Barb Holland is a professional home economist and food writer who believes in shopping locally and in season.

JUGO JUICE

10 FRUIT SERVINGS. ONE CUP.

10

{ JUGO FEATURE SMOOTHIE }

STRAWBERRIES, MANGO, BANANA, PINEAPPLE, ORANGE JUICE, APPLE JUICE

NEW!



*AVAILABLE AT PARTICIPATING CALGARY JUGO JUICE LOCATIONS FOR A LIMITED TIME.

jugojuice.com



1 DAY ONLY!

THURSDAY, MAY 28TH

\$49.99

women's
spring dresses

All dresses in the dress department

Reg. up to \$175

Includes regular and clearance priced items.

\$9.99

ALL men's
sport shirts

Reg. \$30-\$60

\$24.99

ALL men's
sport shirts

Reg. \$65-\$98

Excludes West End Shop.

Shop early. Don't be disappointed. No rainchecks & no price adjustments.

Offer available while quantities last.

Selection will vary by store. Savings are off our regular prices, unless otherwise specified.
See in-store for details.

the  ay



According to the Harris-Decima survey, a whopping 86 per cent of Canadians say they prefer to eat locally sourced food, with 77 per cent saying they are willing to pay more to do so. The survey was sponsored by Hellmann's for the new Eat Real, Eat Local campaign. Visit EatRealEatLocal.ca. **METRO NEWS SERVICES**

***** INSPIRED; **** VERY GOOD; *** PALATABLE; ** HO-HUM; * NEVER AGAIN

French breakfast ... for lunch

Laurier Lounge
1111 7 Street SW
(403) 228-3771

Hours of operation: Mon. 5
– 11 p.m., Tues. – Fri. 11

a.m. – 11 p.m., Sat. and
Sun. 9 a.m. – 11 p.m.
Rating: *****
Price range: \$\$\$
Reservations: No
Client negotiations: No

Lunch w/co-workers: Yes
Social Lunch: Yes
Quick solo lunch: Yes
Time in: 1:00 p.m.
Ordered: 1:15 p.m.
Food arrived: 1:25 p.m.
Time out: 1:45 p.m.
Total time: 45 minutes
Low \$: Children's
Breakfast, \$8
High \$: Seafood Fondue
Experience for Two, \$110
Licensed: Yes

The Laurier Lounge has been around for a long time, and the romantic, French restaurant is synonymous with its specialty — fondue. While I have been to the Laurier Lounge for fondue in the past, and have thoroughly enjoyed it, this time I was there to take part in their famous all-day breakfast.

Last week, they were serving breakfast from Tuesday to Sunday, starting at 9 a.m. However, it seems that I got the last of the weekday breakfasts and, for the summer, breakfast will only be served on the weekends. While their regular menu is a bit pricey, the breakfast menu is reasonable — and incredibly delicious.

LunchRush

Carla Ciccone



For my breakfast at lunch, I chose the French Toast (what else!) with strawberries. It came with just the right amount of whipped cream and maple syrup on top, as well as a side of seasoned hash browns, and another side of fresh fruit — all for \$11. The meal was divine. The French toast was made from loaf-style bread slices and had spent just the right amount of time on the grill. Sitting outside in the sunshine on their large and beautiful outdoor patio was the perfect complement to the tasty lunch.

LiquidAssets

Peter Rockwell

metronews.ca/liquidassets

Beauty of the blend

The lexicon of liquor has many baffling entries, some of which need more explanation than an episode of *Lost*.

Take the term "blend." Consumers are just fine associating it with scotch, but in our single varietal world there seems to be a stigma attached to the idea that wines can be a mix of different grapes.

If you believe that, consider this. The concept of blending grape personalities is the foundation of some of the finest wine regions on Earth: Think France's Bordeaux and Champagne, Italy's Veneto and Portugal's Douro Valley. Some grapes naturally go together. Others may seem unlikely but create magic in the bottle. The **2007 Hardy's Stamp Series Chardonnay**

Semillon (\$9.95 - \$11.99) from Australia is a good example. You wouldn't think the pair would make a likely couple, but the chard offers a rounded, buttery flavour that's massaged nicely by the slight honeyed flow of the semillon.

How about a marriage of chardonnay, muscat and chenin blanc? The **2007 Folie à Deux Ménéage à Trois White (\$17.99 - \$19.98)** is a jazzy Californian combo that shows lots of citrus, melon and ripe exotic fruit flavours while perfectly illustrating that the art is definitely in the blend.

Prices reflect the range across the country. Some products may not be available in all provinces.



Peter Rockwell is the everyday wine writer, working in the liquor industry for more than 25 years and travelling the globe looking for something to fill his glass and put into words.



Have fun making money as an actor or movie extra on Calgary films.
Contact Karly 403-521-0077



IL Giardino Ristorante
Get your Bail-Out at Il Giardino
25% off
On selected items for lunch & dinner
limited time offer
**Don't Forget about the NEW
Il Paradiso Lounge**
344 - 17th Ave SW | 403.541.0088 | fax: 403.541.0042
ilgiardino@telus.net | www.ilgiardinoristorante.ca

SCHOOL OF MANUFACTURING AND AUTOMATION
FREE DESIGN AND ENGINEERING TECHNOLOGY INFORMATION SESSION
REGISTER TODAY sait.ca

PARENTS AND PROSPECTIVE STUDENTS ARE INVITED TO JOIN US
INVEST IN YOUR FUTURE - 2 YEAR DESIGN & ENGINEERING TECHNOLOGY DIPLOMAS

Do you like making things? Math, physics and design are no problem? Do you want to work towards becoming a designer or engineer? SAIT offers:

- Small class sizes
- Hands on training
- Industry sponsored projects
- High employment rates
- University transfer options

JOIN US ON TUESDAY, JUNE 16TH AT 6:30PM IN ROOM T114
Learn about:

- Robotics and Automation
- Mechanical Design Technology
- Mechanical Engineering Technology
- Welding Engineering Technology

TO REGISTER CALL 403.284.8375



FOUNDING SPONSOR

Go Ahead. Launch Your Life!

If you're looking for a new career, this is the place for you. Learn everything you need to choose your career and programs of study, and get on your way to a life you want. Academy of Learning gives you lots of choices and flexibility. Get in the workforce quicker in less than one year. Call Today, and Start Training Right Away!

- Business Administration
- Medical Office Assistant / Unit Clerk Specialty
- Government of Alberta Health Care Aide
- Office Administration
- Computerized Payroll Accounting
- Business Office Skills
- Web Designer
- Network Administrator
- Payroll Administrator
- PC Support Specialist
- and more!



* May not be available at all locations.
Financial Assistance may be available to those who qualify!

Calgary Northeast Campus
#260, 495-36th Street NE
Call Today! Ph. (403) 569-8973



www.academyoflearning.ab.ca

MAKING TODAY'S NEWS SWEETER, WITH REAL STORIES THAT WILL MAKE YOU SMILE.

Compliments of HONEY NUT CHEERIOS



BAREFOOT FOR A CAUSE

In 2001, a heart-broken Bilaal Rajan saw photographs of people whose lives had been taken or ruined by the earthquake in Gujarat, India. The four-year-old boy sold Clementines door to door in his southern Ontario neighbourhood to raise money for the victims.

"It truly wasn't fair that these people, just because they lived in different places, should have to suffer such tragedy," he says. He saw they needed someone to help them. "I came back to myself here in Canada and I realized that that person could be me."

Rajan has since raised millions of dollars to help orphans, build a school in Tanzania, assist people hit by hurricanes in Haiti and the tsunami in South-East Asia. Rajan is still only 12.

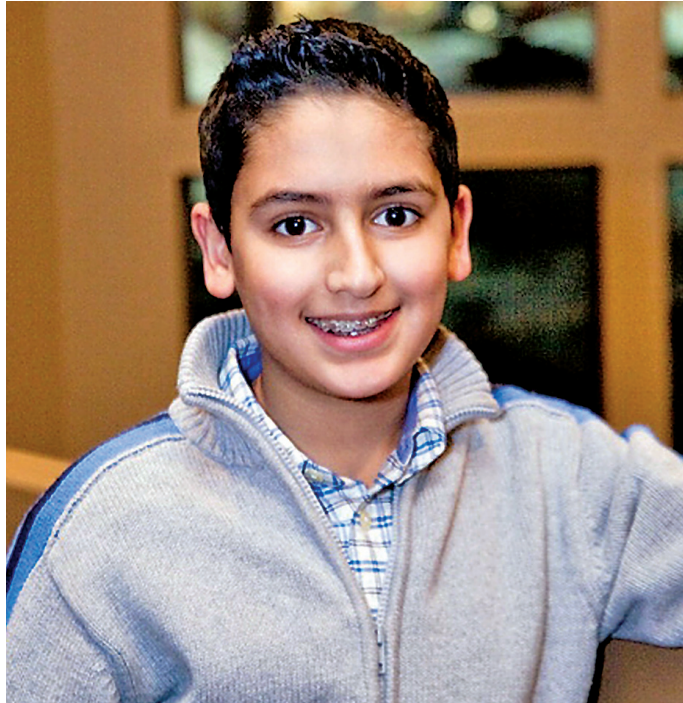
Last month, he spent a week walking barefoot to raise money and awareness for poor kids around the world. Thousands of people in ten countries joined in. "I had about four blisters, seven spider bites, I stepped on some glass, I almost stepped on a nail, but I guess that's life, right?" he says.

"The thought that carried me through the week was, if others can do it for their whole lives, why can't I do it for a week?"

His first trip abroad was to South-East Asia after the 2004 tsunami, followed by a trip to Malawi in 2005.

Rajan is excited about his latest project, Sudokuhub.com. The web fundraiser is to be launched late summer or fall and will let players turn games into food. For every number solved, a package of "plumpy nuts," a healthy snack, is donated to a malnourished child.

Beyond that, he wants to continue



Bilaal Rajan, has written a book, founded an organization and is a child ambassador for UNICEF Canada.

being an activist. "As a career, I'd like to be an astronaut and a neurosurgeon," he says.

Bilaal Rajan has packed a lot into 12 years. He's written a book, *Making Change: Tips from an Underage Overachiever*, and turned that into a website, Makingchangenow.com, to reach his goal of getting one million

kids involved in their communities.

He founded an organization, Bilaalrajan.com, to focus his fundraising efforts. He's a child ambassador for UNICEF Canada, was named a junior citizen of the year and numerous other honours. Oh, and he speaks English, French, some Spanish, Mandarin and Swahili.

Spelling his way to victory

There was nothing fishy about the way Zakhar Husak performed last weekend. The home-schooled Husak correctly spelled "caviar" to clinch his victory in the primary division of the Spelling Bee of Canada 22nd Annual Championship at the Delta Chelsea in Toronto on Sunday. The eight-year-old beat out 28 children, ages six to eight, to take the title.

Zakhar won \$1,000, a trophy and a number of other prizes. Also placing in the annual bee's primary division were Niu Niu Wang, from Windsor, Ont., in second place, and Toronto's Neherika Nair winning third place. Both are eight years old.

Kid wears his pride on his shirt

An eight-year-old Canadian boy named Eric is on top of the world after his t-shirt design was picked from hundreds of submissions around the country to represent Canadian pride.

His shirt, titled *Proud to Be Canadian*, shows a red-and-white maple leaf background with a cute cartoon beaver smiling and holding a hockey stick.

Proceeds from sales of the shirt he designed will go to provide safe, fun, healthy activities at school for children in kindergarten through the seventh grade, showing that little Eric not only has talent but a heart of gold as well.

Hungry cat a lifesaver

Twelve-year-old Bilaal Rajan isn't the only one helping others. Angela and Peter Papdimitriou always knew their cat Nemo was a special gift in their lives but they never could have expected Nemo would give them back the gift of life.

Nemo has made a habit of waking

up Angela and Peter for breakfast every morning with a warm, furry cuddle. One morning last September, Angela awoke to find Nemo behaving far more frantically than usual.

Angela tried to get her husband's attention to see if he knew what Nemo was getting



at when she discovered Peter wasn't breathing and didn't have a heartbeat. Paramedics arrived and successfully

restarted Peter's heart, telling Angela that if they had arrived even a few minutes later, Peter might not have made it.

Angela credits Nemo with saving her husband's life. "That morning if he hadn't been so persistent and woken me, it could have been too late. Nemo is a little angel," Angela said.

Peter had open-heart surgery that day and is back home in stable condition thanks to the skilled doctors and the cute, pudgy feline cuddle-lover who saved his life.



Feel Good Stories brought to you by Honey Nut Cheerios. **touch of honey**



Go for a little extra shine this summer with Schwarzkopf Professional's new head-turning Blondme Shine Magnifying Spray, \$19.95. It offers lacklustre locks a boost of radiance. Visit schwarzkopf-professional.ca. **METRO NEWS SERVICES**

Style



Versace denies friction

This week Italian fashion house Versace denied news reports there was friction between design head Donatella Versace and chief executive Giancarlo Di Risio. Newspapers have speculated about Di Risio possibly leaving the company. Daily Il Sole 24 Ore last week said he and design head Donatella Versace were "close to a divorce" because of disagreement over strategy.

REUTERS

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

The neon conundrum

How to wear Day-Glo brights without the risk of burning someone's retinas

KENYA HUNT
Metro World News

It's the ghost of Wham! videos past. Or at least that's how some might view the comeback of neon colors.

If the fall '09 runways were any indication, the trend is on the cusp of its tipping point after flirting with popularity for the past two years.

Call it a by-product of

fashion's current crush on all things '80s. Whether or not that is a good or bad thing depends on whom you ask (and which designer's work you're looking at.) Technically, we can thank Stephen Sprouse and Marc Jacobs for the return of fluorescent colors.

Jacobs produced a hugely popular retrospective of the late American designer's iconic Day-Glo bright graffiti prints for Louis

Vuitton before using similar colors in his own signature women's wear collection. The happening ended up being a signal of a larger trend to come. It also brings a set of problems: How best to wear it without looking ridiculous or burning someone's retinas?

1 Accessorize, accessorize

Wearing a bold neon handbag, pair of shoes, cuff bracelet or scarf as a statement accessory is the easiest way to rock the neon trend with the lowest amount of risk. It's also a great way to give your existing wardrobe an on-trend update. Best of all, it can give a basic, everyday outfit such as jeans and a T-shirt or an all-black ensemble an extra kick.



MARC JACOBS



ELLE Canada magazine on sale now! Here comes the sun, and Check out our model special, only in our June issue! STYLE CONTENT BY ELLE CANADA, SEE MORE AT: ellecanada.com

Editors' Pick

JETSET STYLE



UNZIPPED Stash your stilettos—and your cell—in this bag from a collection inspired by insider fave Stephen Sprouse. Graffiti Speedy 30 bag (\$1,170, Louis Vuitton)



MODEL BEHAVIOUR Not Meisel? Not interested. Hide from unworthy paparazzi snappers with these shades (\$465, Marni)

2 Let your nails make a statement

If you don't want to shell out major money for Day-Glo clothing or accessories, do like recording artists such as M.I.A. and Ebony Bones and stock up on neon nail colors. It makes a credit-crunch friendly way to experiment with the trend without fully committing to it. OPI has a selection of fun bright colors such as Flamingo Pink (\$11) (right).



3 Go full-on and own it

If you choose to wear a full-on fluorescent look, it's best to go with a strong single item (a dress, trousers, skirt or jacket, for example) rather than a complete outfit of Day-Glo separates and matching accessories. Accessorize with a whole lot of confidence.



YOU COULD WIN

A TRIP FOR TWO TO LAS VEGAS!

INCLUDES: Roundtrip airfare • 2 nights stay at Caesars Palace • Limo transportation • VIP check-in • \$500 resort credit • Two Roman Rituals passes for the Quo Baths & Spa

SECONDARY PRIZING: 1 of 50 double passes to see the advance screening of "THE HANGOVER" on June 3rd

ENTER FOR YOUR CHANCE TO WIN!

metronews.ca

No purchase necessary. Enter daily for more chances to win. Contest open to Canadian residents of legal age, excluding residents of Quebec. Contest closes June 1, 2009 at 11:59pm. Odds of winning depend on number of entries received. For full contest rules and details, visit www.metronews.ca

Get pretty and fragrant fingers

SOFI PAPAMARKO
For Metro Canada

BEAUTY Wearing Revlon's Fruitful Temptations is like having the Garden of Eden at your fingertips.

The new nail polish line comes in eight great summertime colours that radiate yummy fruit fragrances when dry.

Not So Blue-berry appeals to our inner 8th grader, with its fragrance reminiscent of blueberry gumballs and/or scratch 'n' sniff stickers and a sparkly periwinkle finish.

Raspberry Rapture is a little more grown up; this vibrant candy shell pink

smells the way sipping a Cosmopolitan tastes. We have a big crush on Coconut Crush, a shimmering white polish that brings to mind tropical resorts, sunscreen and luaus. Pretty in Papaya is a very wearable bright orange that releases a fragrance more similar rosewater than it's namesake, but we can't stop smelling our fingers while it's on. And Mon Cherry is a retro red creme with a mouthwatering and familiar fragrance.

Other available shades include Mad About Mango, Sublime Strawberry and Passionate Fruit. (We'd have



Revlon's new Fruitful Temptations collection radiates fruit fragrances when dry.

liked it if they'd included a Sinfu Apple shade, but maybe that's pushing the steps of the Grand Palais while several alluring models aim to slow him down?

Cassel is the face of the new Yves Saint Laurent fragrance for men, La Nuit de l'Homme. And on the night of the fragrance launch, appropriately set at the Musée de l'Homme in Paris, there was an audible gasp from normally jaded fashion editors as the perfume commercial was shown.

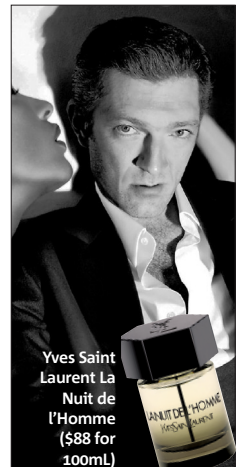
By RITA SILVAN
Editor-in-Chief

What could be more seductive than hot French actor Vincent Cassel in a black tuxedo, descending the steps of the Grand Palais while several alluring models aim to slow him down?

Cassel is the face of the new Yves Saint Laurent fragrance for men, La Nuit de l'Homme. And on the night of the fragrance launch, appropriately set at the Musée de l'Homme in Paris, there was an audible gasp from normally jaded fashion editors as the perfume commercial was shown.

Shot by Cassel's friend Gaspar Noé, the video perfectly captures a city in which people aren't too tired to have sex. More than once. A day. Taken a bit by surprise by the guests' reaction to his unconventional sex appeal, Cassel remarked: "This video refers to the Paris touch, which is a good thing. You can be louche, as long as you do it with style and elegance!"

The best way for a man to seduce a woman, he says, is "to keep a bit of distance but also have a straightforward attitude."



Yves Saint Laurent La Nuit de l'Homme (\$88 for 100mL)

Night moves

style 15



Model Daria Werbowy.

Rocking white

KENYA HUNT
Metro World News

Three reasons why Daria Werbowy's look (she's wearing Stella McCartney to be exact) at the Glamour magazine beauty awards in Spain makes a great formula for rocking white, which (according to most women's magazines) is all the rage for summer:

1 The slightly darker jacket is a good way to shield the white dress from the small random stains (train seat grime, pollution from walking through traffic) that are sure to pop up as you go about your day. That means your dress will be in the clear when you take your jacket off for night.

2 The tomboyish silhouette prevents the ivory from veering into saccharine girly territory.

3 The black ankle boots give the colour palette a dose of edge and urban cool.

FlareFashion

Lisa
TantRead the blog at
metronews.ca/flarefashion

Save more than money



MOTO W233 Renew

the new
fido 
Giving low prices a good home.

Introducing **Canada's first** eco-friendly phone made partly with recycled water bottles¹. Only at Fido.

\$0

With 2-year Fido Agreement.
Without agreement: \$65.

Plans from
\$15
per month²

TALK & TEXT

- › No System Access Fees
- › Per-second billing



Nokia 2760



Nokia 3500

More
phones
at \$0

With 2-year Fido Agreement.

Owner's
guarantee

1. No System Access Fees (others charge up to \$6.95 per month)
2. Text messages to warn you before you exceed your plan
3. No term contract necessary
4. Earn FidoDollars™ to upgrade your phone for less

SHOP FIDO.CA
Drop by a store
Call 1-866-301-3436

Offers subject to change without notice. 1. Phone Housing made from 25% post-consumer recycled plastics. 2. A one-time activation fee of \$35 per line applies. Additional airtime, long-distance, roaming, options and taxes are extra and billed monthly. Plans include a number of sent text messages; text messages received from another mobile phone are free. There is a charge per text message received via E-mail to your Fido and for premium text messages. Early cancellation fees apply with a Fido Agreement.™ Trademarks of Fido Solutions Inc. © 2009 Fido Solutions Inc.

FIDO STORES

Market Mall
Marlborough Mall
Chinook Centre
Southcentre Mall

EXCLUSIVE DEALERS

CELLULAR BABY
Market Mall
Westbrook Mall
GENERATION WIRELESS
Deerfoot Outlet Mall

NONI WIRELESS
4818 Westwinds Drive N.E., Unit 1146
UNIPAGE
Central Landmark Mall
Dragon City Mall
Pacific Place Mall

FUTURE SHOP

WIRELESS etc...

booth
the telephone boothCOSTCO
WHOLESALE

BEST BUY

LONDON
DRUGS

((WIRELESSWAVE))

WAL-MART

Entertainment

EDITOR: DEAN.LISK@METRONWS.CA

A CLASSIC; EXCELLENT; GOOD; FAIR; POOR

The goth rocker with a heart

Marilyn Manson

Album: The High End of Low

Label: Interscope/Universal

Rating:

THE DEBATE

HAS already started among Marilyn Manson fans. Has our goth-rock shock trooper re-found his old toxic self? Or is he merely slowing down his slide into a form of middle age introspective goo that even parents can find secretly listenable ... sometimes ... after dark ... like, way after the kids have gone to bed. Who cares? Listen to this album for what it is and not what you want Marilyn to be. He delivers a stylishly sophisticated album that's as much



Bowie-esque culture croon as it is lyrically offensive. There are parts that seem more manufactured than industrial, especially the single "Arma-godd'n-mother-f**kin-geddon. But there are also frighteningly intense scenes of self-doubt. Yes, Marilyn does have a heart. No doubt, the old fans will want to rip it out.

Graham Rockingham/for Metro Canada

Mandy Moore

Album: Amanda Leigh

Label: Sony Music

Rating:

IT'S HARD

NOT to feel for Mandy Moore. She came into the music world with Britney-like



Marilyn Manson is back with a new album, the stylishly sophisticated The High End of Low.

candy pop, and she's been trying to shed that image ever since. Her latest effort Amanda Leigh, named after the singer's first and middle names ("this is the real me!" she's saying), pushes her even farther away from the old days.

MusicReviews

music@metronews.ca

This is a schizophrenic collection of folk, adult pop and the occasional rocker. The standouts are definite-

ly the louder tracks and the more classic folk tunes, but the bouncy, cheesy track Pocket Philosopher and the musical-like, instrumental reprise of Merrimack River should have been shown the door.

Bryan Borzykowski/for Metro Canada

Suicide doctor

Al Pacino will star in a biopic about Jack Kevorkian, the right-to-die doctor who made headlines during his campaign to assist patients determined to commit suicide. EMPIREONLINE.COM

A CLASSIC; EXCELLENT; GOOD; FAIR; POOR

Hayden

Album: The Place

Where We Lived

Label: Hardwood/Universal

Rating:

SWEET, SHY,

INNOCENT

Hayden. We all have friends like you ... hiding in their basement apartments for weeks on end, afraid to come out and admit that their girlfriend dumped them for some guy who actually has a life. There are moments on this album that point to what Hayden could do if he would only come out and play. But Hayden, truth is that this tired act simply gets boring after a while. This album will appeal to young women yearning to cuddle our hapless teddy bear out of his dank lair. Try a hot mug of Ovaltine.

Graham Rockingham/for Metro Canada



CA	Vu	SC	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
267	351	-	ACCESS	Alberta Primetime (Live)	Greek (N)	Wife Swap	Grey's Anatomy	Primitime			
243	317	3	CFCN	etalk	Hollywood	(8:01) Without a Trace	So You Think You Can Dance Auditions continue. (N)	News (N)			
-	-	4	OMNI	Two/Half Men	The Simpsons	News	The Simpsons	King	Metropia		
-	371	5	KXLY	4 News at 6	4 News at 6:30	Entertainment	The Insider (N)	2009 Scripps National Spelling Bee (HDTV)	Grey's Anat.		
245	306	6	CBRT	22 Minutes	Laughs	Polar Bear Fever	Pet Food: A Dog's Breakfast	CBC News: The National	The Hour		
244	338	7	CICT	ET Canada	Entertainment	Harper's Island (N)	The Office (HDTV)	The Office	The Office	News Hour	
246	-	8	CKAL	Law & Order: SVU	Privileged	30 Rock	30 Rock	30 Rock	Your City		
119	705	9	CBFT	Des squelettes	Gars fille	Perdus (HDTV) (SC)	Bons baisers de France (SC)	Le Téléjournal et Les Nou	Local Programming	TJ Alberta	
-	-	10	SHAW	(6) Local Programming							
-	372	12	KREM	News (N)	Hollywood	The Doctors	NCIS "Murder 2.0"	CSI: Crime Scene Invstgn.	Without Trace		
-	374	14	KSPS	NewsHour With Jim Lehrer	Adventure Lodges	News Tricks	New Tricks	MI-5 "I Spy Apocalypse"	Artists Den		
502	395	15	CBBC	CBC News: The National	CBC News: The National	CBC News: The National	CBC News: The National	CBC News: The National	Nature-Things		
-	370	16	KHO	News	Be-Millionaire	Jeopardy! (N)	Wheel-Fortune	The Office	30 Rock	The Office	
-	373	22	KAYU	The Simpsons	Raymond	Two/Half Men	Two/Half Men	So You Think You Can Dance Auditions continue. (N)	News (N)		
297	652	37	WPIX	Supernatural (HDTV)	PIX News at Ten Tong.	Anderson Cooper 360 (HDTV)	News Tonight	Sex and-City	According-Jim	Fraser	
500	500	29	CNN	Larry King Live (N)	Anderson Cooper 360 (HDTV)	Nancy Grace	Showbiz Tonight	Larry King Live	Cooper 360		
502	502	31	CNN2	Lou Dobbs Tonight	Nancy Grace			Lou Dobbs Tonight	Nancy Grace		
400	400	21	TSN	NBA Basketball: East Final - Magic at Cavaliers	Air Racing From San Diego.	SportsCentre	SportsCentre	PartyPoker.net Women's World Open	MMA Conn		
408	418	27	net	Beach Volley. Beach Volley.	Score Tonight	Hockey Central	UFC: Access	Sportsnet Connected	Final Score	Final Score	
410	403	30	CORE	Poker Challenge	Bounty Hunter	Wrecked (N)	Wrecked (N)	Mantracker	Bounty Hunter	Bounty Hunter	
417	457	44	OLN	Mantracker	Wrecked (N)	Wrecked (N)	Wrecked (N)	Pinks - All Out (HDTV)	Pinks - All Out	Pinks - All Out	
417	406	48	SPEED	Pinks - All Out (HDTV)	Prank Patrol	Prank Patrol	Prank Patrol	In Real Life	Falcon Beach	Falcon Beach	
552	543	20	YTV	Drake & Josh	Family Biz (N)	Life Derek	Johnny Test	Wizards-Place	Life Derek	Ned's School	
557	541	39	FAM	Zoe 101	Johnny Test	Totally Spies	Total Drama	6TEEN	6TEEN	Joe's Apartment (1996)	
555	545	67	TOON	Ben 10	Reba	Hope & Faith	Hope & Faith	Home Improve.	Home Improve.	Reba	
575	583	11	CMT	Reba	Comfy Couch	Ziggy	Max & Ruby	Backyardigans	Ni Hao, Kai-Lan	Go, Diego, Go!	
553	546	17	TREE	Little Bear	Maggie-Beast	Young Hollywood: A to Z	Young Hollywood: A to Z	True Hollywood Story (N)	News (N)		
-	-	18	CHTV	The Insider (N)	El News	EarthWatch One	EarthWatch One	Confidential	Save Us-House	Divine Design	
505	398	19	TWN	(5) EarthWatch One	Will & Grace	Friends	Divine Design	Street Customs "GTO"	Amer. Chopper	Chopper	
602	568	23	W	Style by Jury	Style by Jury	Street Customs "GTO"	Street Customs "GTO"	Unwrapped	Unwrapped	School Dinners	
521	560	24	TLC	American Chopper (N)	Jamie's School Dinners	Jamie's School Dinners	Jamie's School Dinners	The First 48 (HDTV) (N)	The First 48	Sin City	
603	561	25	FOOD	Jamie's School Dinners	Crime 360 (HDTV) (N)	The Outer Limits	Love-Death	Love-Death	Trailer Park	Trailer Park	
615	520	26	A&E	The First 48 "Blackout"	X-Weighted	Seven Years in Tibet ** (1997, Drama)	Brad Pitt.	Machines of Malice	Machines	Machines	
617	522	32	SHOW	Wife Swap	MythBusters	Law & Order	Law & Order	Without a Trace	Family Guy	Family Guy	
601	562	33	SLICE	X-Weighted	Pink Ludoos ** (2004, Comedy-Drama)	Shaheen Khan.	Shaheen Khan.	Without a Trace	Family Guy	Family Guy	
-	633	34	ENC2	Memphis Belle	(7:20) Samuel Lount ** (1985)	MythBusters	MythBusters	Without a Trace	Family Guy	Family Guy	
520	505	35	DISC	Machines of Malice	MythBusters	MythBusters	MythBusters	Without a Trace	Family Guy	Family Guy	
620	523	36	BRAVO	Pink Ludoos ** (2004, Comedy-Drama)	Shaheen Khan.	MythBusters	MythBusters	Without a Trace	Family Guy	Family Guy	
294	650	40	WPCH	Friends	Friends	Deep Blue Sea ** (1999, Science Fiction)	Deep Blue Sea ** (1999, Science Fiction)	Without a Trace	Family Guy	Family Guy	
626	547	41	COM	Laughs	Comedy Now	Air Force	Just for Laughs	Corner Gas	The Simpsons	South Park	
-	539	42	TCN	The Ballad of Gregorio Cortez	Lone Star *** (1996, Drama)	Chris Cooper, Elizabeth Peña.	Chris Cooper, Elizabeth Peña.	Without a Trace	Family Guy	Family Guy	
628	584	43	SPIKE	TNA Wrestling (HDTV) (N)	GameTrailers TV	MANswers	Jesse James	MANswers	Jesse James	MANswers	
522	516	45	HIST	Go Deep "Wired Sharks"	NCIS "Internal Affairs"	Ancient Discoveries	Go Deep "Wired Sharks"	Star Trek: Next Gener.	Trek: Voyager		
627	528	46	SPACE	The Adventures of Pluto Nash ** (2002, Comedy)	Stargate SG-1 "Fallen"	Stargate SG-1 "Fallen"	Stargate SG-1 "Fallen"	Star Trek: Next Gener.	Trek: Voyager		
-	47	47	AMC	(6) The Rookie *** (2002, Drama)	Dennis Quaid.	Quigley Down Under ** (1990, Western)	Tom Selleck, Alan Rickman.	Star Trek: Next Gener.	Trek: Voyager		
619	525	49	TROP	What Happen?	Vanity Insanity	Inside Hollywood	Inside Hollywood	Disaster DIY	Big Amazing	HolmesOrleans	
500	564	50	HGTV	Disaster DIY	Big Amazing	House Hunters	House Hunters	Disaster DIY	Big Amazing	HolmesOrleans	
501	391	52	CTV	CTV Newsnet	CTV Newsnet	News	CTV Newsnet	Disaster DIY	Big Amazing	HolmesOrleans	
504	508	70	BNN	Squeeze Play	Market Call	Headline	Market Call	Disaster DIY	Big Amazing	HolmesOrleans	
526	507	92	VIVA	Most Haunted	Passion	Homicide File	Psychic Inv.	Disaster DIY	Big Amazing	HolmesOrleans	
269	350	93	APTN	Warriors: TKO	Wapos Bay	By the Rapids	renegadePress	Disaster DIY	Big Amazing	HolmesOrleans	
-	94	94	MCP	(6:30) News	News	Eight Heroes	Kingdom-Wind	Disaster DIY	Big Amazing	HolmesOrleans	
571	580	100	MM	Storytellers Kid Rock.	Entourage	Gene Simmons	Entourage	Disaster DIY	Big Amazing	HolmesOrleans	
570	580	101	MM	Daddy's Girls	Degrassi: TNG	MuchTopTens	MuchTopTens	Disaster DIY	Big Amazing	HolmesOrleans	
581	566	102	MTV	The Hills	After Show	Canada's Next Top Model	Teen Cries	Disaster DIY	Big Amazing	HolmesOrleans	

critics'corner

The Adventures of Pluto Nash

If you need an Eddie Murphy fix, rent "Beverly Hills Cop," "Trading Places," "48 Hrs." or "The Nutty Professor" and avoid this flat 2002 comedy about a nightclub on the moon and the mobsters trying to take it over. A multiple Razzie Award nominee, it also belongs in the running for biggest waste of good actors: Murphy, Randy Quaid, Illeana Douglas, Peter Boyle, John Cleese and Rosario Dawson, for starters. 7 PM on SPACE



2009 Scripps National Spelling Bee

Tom Bergeron hosts coverage of the final championship rounds of the annual spelling bee from Washington, D.C., where more than 290 spellers from around the globe have gathered to do their B-E-S-T with some really C-H-A-L-L-E-N-G-I-N-G words. The semifinals air earlier in the day on ABC's sister channel, ESPN. 9 PM on KXLY

Tori Amos

Album: Abnormally Addicted

Label: Universal Republic/Universal

Rating:

AFTER TORI

AMOS' ambitious American Doll Posse failed to resonate with the public, the quirky pianist returned with a relatively straight-up affair. However, her latest is still a pastiche of sounds, from the trip-hop gothic opener to the mundane ballad "Maybe California," this record has something for everyone. While there are plenty of interesting moments, like Strong Black Vine's Zeppelin-like violin, other spots — the boring "Not Dying Today" for one — should teach AMOs to use an editor next time.

Bryan Borzykowski/for Metro Canada



Listen to this week's reviewed music at metronews.ca/music

Kenya'sStyle

Kenya Hunt

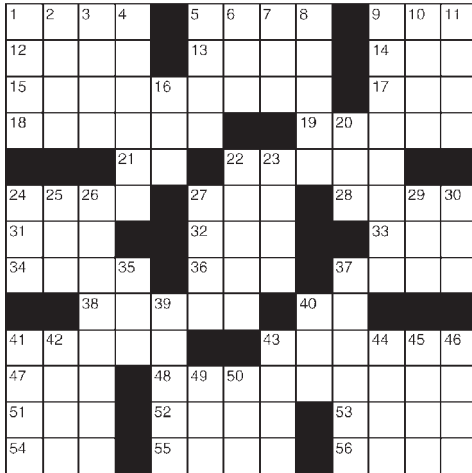
metronews.ca/kenyasstyle



Andrew Schultz, Weather Specialist — Breakfast Television

"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta."

WEEKDAYS AT 6 A.M.



Crossword across

- 1 "Dragnet" star
- 5 Steffi of tennis fame
- 9 Society newcomer
- 12 Car bar
- 13 "Mona —"
- 14 Buckeyes' sch.
- 15 Focus on
- 17 Miss at a barn dance
- 18 Spa
- 19 Terrible
- 21 Former partner
- 22 City of India
- 24 "Lion King" baddie
- 27 Geological period
- 28 Shrek, for one
- 31 Tin Man's need
- 32 — de deux
- 33 Towel designation
- 34 Hairless
- 36 Lamb's dam
- 37 Put an end to
- 38 Insurgent
- 40 Lindbergh book
- 41 Pigs
- 43 Make fizzy
- 47 Trail behind
- 48 "Don't let go!"
- 51 "That's 19-Across!"
- 52 Dumbfounded
- 53 Diva's delivery
- 54 Encountered
- 55 Trawler gear
- 56 Glaswegian girl

Crossword down

- 1 Cleanse
- 2 Fair, for short
- 3 Rorschach figure
- 4 Improved
- 5 Smooth-talking
- 6 Tractor-trailer
- 7 Blond shade
- 8 Deadly
- 9 It may include a pair of aces
- 10 Isaac's eldest
- 11 Wall Street optimist
- 16 Illumination measure
- 20 Terse question
- 22 Speak slowly?
- 23 Facility
- 24 Weep loudly
- 25 Spy-novel grp.
- 26 Fine
- 27 Duel tool
- 29 Carnival city
- 30 Kreskin's claim
- 35 Lair
- 37 Soap opera, e.g.
- 39 Borstal Boy author
- 40 Drenched
- 41 Poor area of town
- 42 Carry on
- 43 Tosses in
- 44 Taj Mahal city
- 45 Anything but that
- 46 Greek vowels
- 49 Have bills
- 50 Allow

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



4	7	3	9	2	6	5	1	8
5	6	2	1	4	8	9	7	3
8	9	1	3	7	5	2	6	4
3	8	9	4	6	7	1	5	2
2	5	7	8	3	1	4	9	6
1	4	6	2	5	9	8	3	7
6	3	4	5	1	2	7	8	9
7	1	8	6	9	4	3	2	5
9	2	5	7	8	3	6	4	1

Find today's answers + play more games at metronews.ca

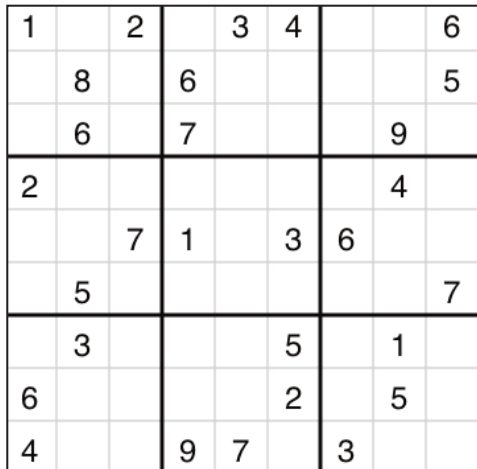
SUDOKU SOLVE TIME:

- Under 13 minGenius
- 13-17 minScholar
- 17-21 minSmart
- 21-25 minNot bad
- 25+ minKeep practising

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



Metro Recipe of the Day



Teriyaki Lamb Chops

INGREDIENTS:

- 6 scallions
- 2 tbsp (25 ml) sesame seeds
- 1/4 cup (175 ml) reduced-salt soy sauce
- 2 tbsp (25 ml) cider vinegar
- 2 tbsp (25 ml) clear honey
- 1 small garlic clove, finely chopped
- 3/4 tsp (4 ml) ground ginger
- 8 bone-in lamb loin chops, trimmed
- 1/2 lb (250 g) Chinese vermicelli
- 4 carrots
- 1 red pepper
- 1/2 of 1 can (398 ml) whole baby corn, drained
- 1-1/2 tsp (7 ml) cornstarch

METHOD:

1. Cut 2 scallions into thin slices and rest into 1-1/2-in. (4-cm) pieces. Toast sesame seeds in nonstick frying pan, 3 minutes. Remove from heat. Stir in soy sauce, vinegar, honey, garlic, ginger and sliced scallions.
2. Roll narrow end of chops into medallions and secure with toothpicks. Place in baking dish and pour in soy sauce mixture. Cover and refrigerate 1 hour.

3. Cook noodles according to package directions. Drain. Cut carrots and pepper into matchsticks and blanch in water to cover, 3 minutes. Add remaining scallions and corn. Blanch until vegetables are crisp-tender, about 2 minutes. Drain and toss with noodles.
4. Preheat broiler. Remove chops from marinade; pour marinade into small pot. Broil chops 5 in. (12 cm) from heat until done to taste, 4 minutes per side for medium. Transfer to platter, remove toothpicks and keep warm. Bring marinade to boil. Cook, stirring, 2 minutes. Dissolve cornstarch in 1/3 cup (75 ml) water and whisk into marinade. Boil over medium-high heat, whisking, until sauce thickens, 2 minutes. Toss half of sauce with noodles, drizzle remainder over chops and serve.

SERVES 4



Horoscopes by Sally Brompton

sallybrompton.com

ARIES
MARCH 21-APRIL 20



Your financial plans may need to be rethought over the next few days. You may have trusted dodgy information: Change now or it will cost you later.

LIBRA
SEPT 23-OCT 23



Be ready to change your plans at a moment's notice. Even the most far-sighted of Librans won't be able to see what is coming around the next bend.

TAURUS
APRIL 21-MAY 21



Look closely at some decisions you've made in recent weeks. Were they really for the best? It's not too late to think again, but you've got to be quick.

SCORPIO
OCT 24-NOV 22



You may be tempted to withhold your affection from someone who has let you down, but if you punish them you will also be punishing yourself.

GEMINI
MAY 22-JUNE 21



A fear or anxiety you thought was over and done with will surface again over the next 24 hours, but it's only a passing phase, so don't be alarmed.

SAGITTARIUS
NOV 23-DEC 21



If something is worrying you it is most likely just your imagination up to its tricks again. You have nothing to be anxious about — life is good.

CANCER
JUNE 22-JULY 22



You seem to think that if you don't grab all you can get you'll miss out, maybe even starve. It's not even remotely true, so calm down.

CAPRICORN
DEC 22-JAN 20



If you let someone get away with something they do not deserve to today they'll likely think you're weak and take more liberties in coming days.

LEO
JULY 23-AUG 23



Certain events seem to be spiralling out of control but there is no need to worry, still less to change what you are doing. Go with the flow.

AQUARIUS
JAN 21-FEB 18



The best way to deal with an emotional problem is to ignore it. Refuse to focus on it and you'll deny it the energy it needs to be important.

VIRGO
AUG 24-SEPT 22



It might be an idea to think again about something you decided over the past few weeks, especially if the decision was made in haste.

PISCES
FEB 19-MARCH 20



Something you thought was fact will turn out to be fiction today, and you won't be happy you were fooled so easily. Don't be too hard on yourself.

WORDY GURDY®
BY THICKY RICKY KANE:
Every answer is a rhyming pair of words like CAT and DOG (LE TROUBLE), and they will fit in the letter squares. The number after the definition tells you how many syllables in each word.

- Shanty overabundance (1)
- Pump or loafer shot through the air (1)
- Confront actress/princess Kelly (1)
- Not-as-high-up seamstress (2)
- NBA star Kobe's customers (2)
- Michigan St. alum director Scorese (2)
- War ditches' park furniture (2)

ANSWERS:
1. CAT DOG 2. CAT DOG 3. CAT DOG 4. CAT DOG 5. CAT DOG 6. CAT DOG 7. CAT DOG

Apartment hunting made easy
vertica.ca
text APT INFO to 23333 for more info*
*Carrier charges may apply.
VERTICA
RESIDENT SERVICES

PARK NOW OPEN!
CANADA OLYMPIC PARK
mountain bike season passes
STARTING FROM
\$ 39
www.winsportcanada.ca
403.247.5452

Celebrity Buzz

Halle's online chat escapes

CREEPY Halle Berry finds fame so lonely, she has used the Internet to find friends, femalefirst.co.uk reports. The actress admits in the past she has used websites to meet people and have "normal" conversations, away from the superficiality of Hollywood. But she insists she stopped short of ever

romancing a cyber companion.

Berry explains, "I never went so far as a date. But I've gone online and pretended to be someone else, in an attempt to have some anonymity."

"I've tried, many times,

to have a normal conversation when celebrity wasn't a part of it. Sometimes it worked and at others it became a little weird.

"The reason I did it was I wanted to remember what it was like to have a real, honest exchange with someone and to be treated normally."

METRO NEWS SERVICES



Prince Harry's good deed for war vet

FEEL-GOOD When he visits New York this weekend, Prince Harry has more to focus on than action on the polo field and fundraising for his Sentebale charity for African children. He'll pay special attention to the sacrifices made by servicemen and women around the world, people.com reports.

With this in mind, he has helped facilitate a dream trip to the U.S. for a young British marine who lost both his legs in a blast in Afghanistan.

Commando Joe

Townsend, 21, was horrifically injured when he stepped on an anti-tank mine in Helmand province last year. Harry, 24, was serving in the same region (though they were not together) at the time.

While they are not travelling together to Manhattan, the pair will meet up privately during the prince's two-day stay. The veteran will join the prince on a tour of the facilities of a post-traumatic stress dis-

order treatment clinic at the Veterans Affairs Medical Center in Manhattan.

The original idea came from New York Mets owner Fred Wilpon, who approached royal staff and said he would pay for the trip. Harry — having heard of what he went through — nominated war hero Townsend. The New York visit will be Harry's first official tour to the U.S.

METRO NEWS SERVICES



Hef looking to off-load Playboy?

BACKUP PLAN Hugh Hefner is reportedly looking to unload his floundering Playboy empire, and is looking to Virgin's Richard Branson to buy it.

According to the New York Post, Hefner is looking for \$300 million US for the company, which has lost \$13 million already this year.

"Everyone says he'll never let go, that he'll take it with him to the grave," a source tells the paper, while a Playboy spokesperson says that though no offers have been made, Hefner would "listen to proposals that could create value for all of our shareholders."

METRO WORLD NEWS



Christie the matchmaker

SETTING UP Christie Brinkley says her days of chasing younger men are over, and she'd much rather spend her time helping her 23-year-old daughter,

Alexa, find love, according to Contact Music. In fact, she already has a man picked out for her: John Mayer.

"He's perfect dating material for my daughter," Brinkley says.

But how would Alexa's father, Billy Joel, feel about it?

METRO WORLD NEWS



Brolin headed for doghouse?

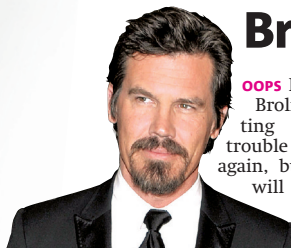
OOPS Looks like Josh Brolin may be getting himself into trouble in Louisiana again, but this time it will be with his wife, Diane Lane, and not

with the law.

While in New Orleans to film *Jonah Hex*, Brolin was spotted "getting cozy" with a young woman at several area nightspots before surfacing at 7 a.m., according to *In Touch*.

"Josh looked like he hadn't slept at all and she was wearing the same outfit as the night before and looked embarrassed," a source tells the magazine.

METRO WORLD NEWS



Body \$19.90

DESIGN: KATY PERRY

25% of the sales price of this collection goes directly to HIV/AIDS education and prevention efforts. Learn more at www.hm.com

Celebrity Buzz

Mel and Oksana's new life

EVERYDAY LIFE So how do the original Sexiest Man Alive and his musician girlfriend spend their time together? Work, work, work, say family and friends — and then a little low-profile playtime, people.com reports.

By day, Mel Gibson, 53, and Oksana Grigorieva, who is pregnant with Gibson's eighth child, are hard at work at their respective careers — Gibson tending to film projects at his Santa Monica office while Grigorieva keeps busy making music at her house in Sherman Oaks, Calif.

"(Oksana) spent the last nine months locked up in a studio," her mother Lyudmila Chernukha, a retired music teacher, tells People of her daughter's collection of new songs — all of which Oksana, 39, wrote, arranged and sang herself.

Once work is over for the couple and the school bell has rung for Grigorieva's son, Alexander, 11, it's family time. The musician and her son will often meet up with Gibson —

who has initiated divorce proceedings with his wife, Robyn — at his office or his Malibu home, sometimes dropping by a Russian restaurant that serves dishes from Grigorieva's homeland: Borscht, chicken Kiev and sturgeon.

"It (seems) very important to Oksana that Mel and her son bond," says a source. "Mel is fun to be around and great with kids."

At the end of the evening, the two typically return to their separate homes so Grigorieva

can get her son, whose dad is actor Timothy Dalton, off to a local school in the mornings. "She gets on well with Timothy Dalton, he is the father of her son after all," says Grigorieva's mother. "They parted on good terms and they see each other a lot."

METRO
NEWS
SERVICES



Amy tries hand at fashion line

STYLE MAVEN While she's been camping out in the Caribbean and recording a new album, Amy Winehouse has apparently been inspired to be creative in other ways.

The singer is reportedly working on a fashion line with British label PPQ and designers Amy Molyneux and Percy Parker, according to Women's Wear Daily. The line will launch later this year.

METRO
WORLD
NEWS



Winona's fame caused big blues

DARK DAYS Winona Ryder has revealed she had an "extra-large breakdown" when she was 20, femalefirst.co.uk reports.

The 37-year-old actress struggled to cope when she was catapulted to worldwide fame following the success of her hit '90s movies.

METRO
WORLD
NEWS



Uproar over Twitter TV show

PROTEST Demi Moore and Ashton Kutcher have threatened to close their Twitter accounts if bosses of the social networking site enter into a proposed agreement to launch a reality TV show, femalefirst.co.uk reports.

Hollywood trade magazine Daily Variety reports the San Francisco-based

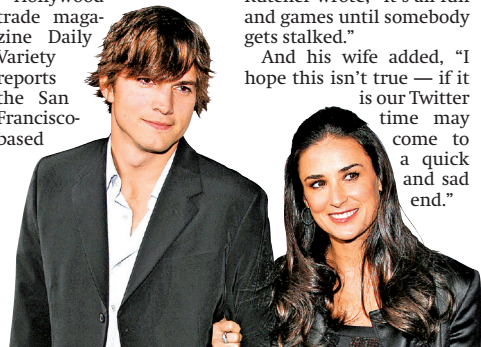
company has partnered with TV producers on an unscripted show, in which fans try to track down celebrities via the Internet — and the news has upset Tinseltown's leading tweeters.

In a post on Monday, Kutcher wrote, "It's all fun and games until somebody gets stalked."

And his wife added, "I hope this isn't true — if it is our Twitter time may come to a quick and sad end."

But Twitter co-founder Biz Stone insists there's "no official Twitter TV show" and the news relates to a "lightweight, non-exclusive agreement" he has with TV producers.

METRO NEWS
SERVICES



Evangeline's accidental diss?

LOOSE TONGUE Did Lost's Evangeline Lilly accidentally diss Angelina Jolie? Asked in the new issue of Women's Health which Hollywood A-lister she admires most, Lilly says Jolie, us-magazine.com reports.

Why? "No one knows that woman; she's a complete ice queen, which is perfect," she ex-

plains. "Why should she be any more? She doesn't owe us anything."

Lilly adds that Lost producers have told her that she hasn't picked up on the opportunity to become a big movie star like Jolie.

"It frustrates (them) that they've given me this chance to become the next Angelina," she says. "Sure, I'd love to be her, but just the humanitarian side."

METRO
NEWS SERVICES



H&M

DAA
www.designersagainstdaids.com



CONTROL YOUR DESTINY

At GO-EXPO: Gas and Oil Exposition

*Proven Paths to Profitable and Sustainable Hydrocarbon
Development through Innovation and Application of Technology.*

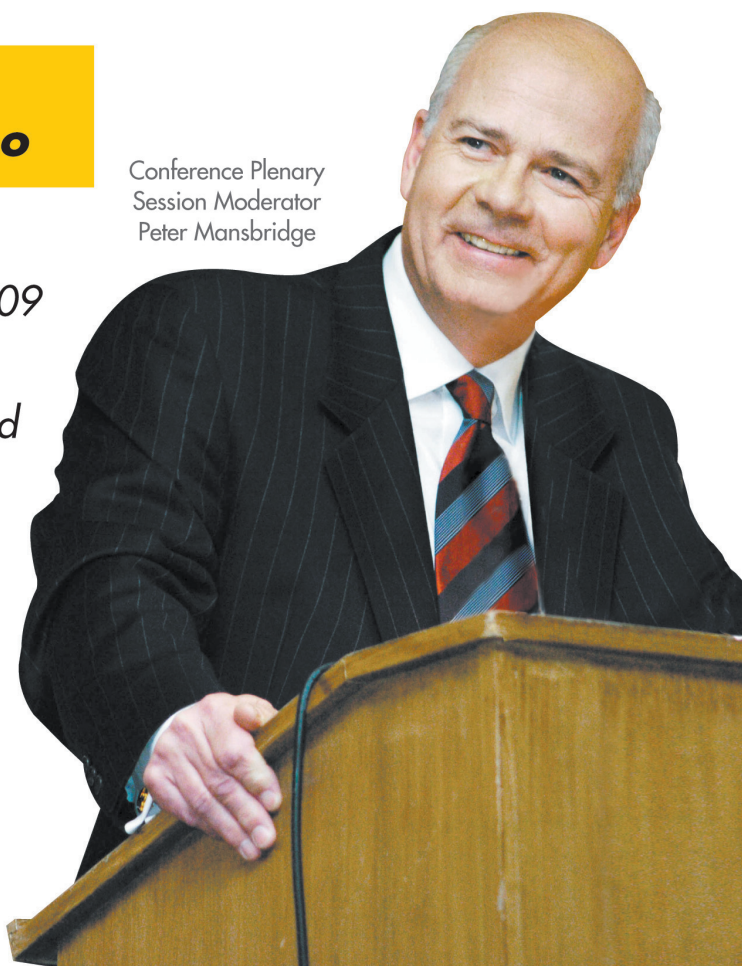
GLOBAL PETROLEUM CONFERENCE

JUNE 9 – 11, 2009
STAMPEDE PARK

Register at
petroleumshow.com/goexpo

- Canada's largest energy event in 2009
- Over 700 exhibiting companies
- 20,000 registered attendees expected
- View the latest innovations
- Network with industry professionals
- Meet your next big client

Conference Plenary
Session Moderator
Peter Mansbridge



PRESENTED IN PARTNERSHIP WITH:

